

Volunteer Stomp

TYPE: 4 Wall Line Dance **RATING:** Intermediate
COUNT: 52 **STEPS:** 56
CHOREOGRAPHED BY: Gloria Johnson (October 1995)
MUSIC: "Steady As She Goes" by Mark Collie (132 bpm)
"Tennessee Plates" by Mark Collie (155 bpm)
SOURCE: Giant Records - Nashville, TN
POSITION: Start this dance when vocal starts, 16 beats after drummer kicks in

STEP DESCRIPTION

TOUCH AND HOOK (Right), SWIVEL, SWIVEL, STOMP, STOMP

1,2 Touch RIGHT heel forward; Hook RIGHT foot in front of Left leg
3,4 Touch RIGHT heel forward; Stomp RIGHT foot next to Left
5,6 Swivel heels to right, center
7,8 Stomp RIGHT foot next to Left twice

TOUCH AND HOOK (Left), SWIVEL, SWIVEL, STOMP, STOMP

9,10 Touch LEFT heel forward; Hook LEFT foot in front of Right leg
11,12 Touch LEFT heel forward; Stomp LEFT foot next to Right
13,14 Swivel heels to LEFT, return to center
15,16 Stomp LEFT foot next to Right twice

SHUFFLE, SHUFFLE, STEP, TURN, SHUFFLE, SHUFFLE, STEP, TURN

17&18 Shuffle forward on RIGHT, LEFT, RIGHT
19&20 Shuffle forward on LEFT, RIGHT, LEFT
21,22 Step RIGHT foot out in front; Turn 1/2 turn to the left
23&24 Shuffle forward on RIGHT, LEFT, RIGHT
25&26 Shuffle forward on LEFT, RIGHT, LEFT
27,28 Step RIGHT foot out in front; Turn 1/2 turn to the left

STEP & TURN, JUMPING JACKS

29,30 Step RIGHT foot out in front; Turn 1/4 turn to the left
31,32 Jumping jack with RIGHT foot at 1:00, LEFT foot at 7:00, and return
33,34 Jumping jack with LEFT foot at 11:00, RIGHT foot at 5:00, and return
35,36 Jumping jack with RIGHT foot at 1:00, LEFT foot at 7:00, and return

TOE POINTS (*Lean slightly to left as you point your toes*)

37,38 Point RIGHT toe out to right, then to back
39,40 Point RIGHT toe out to right, then to front
41,42 Point RIGHT toe out to right, then to back
43,44 Point RIGHT toe out to right; Hitch RIGHT knee and turn 1/4 turn to left

GRAPEVINE RIGHT, TOUCH

45,46 Step RIGHT to right side; Step LEFT behind Right
47,48 Step RIGHT to right side; Touch LEFT foot next to Right

TURNING VINE LEFT, STOMP

49,50 Step LEFT to left side angling foot; Step RIGHT in front of Left and turning body to left
51,52 Step LEFT placing foot so that body completes full turn and ends facing forward; Stomp RIGHT foot next to Left

BEGIN DANCE AGAIN

[OVER]

[PAGE 2]

OPTIONAL "ACCENT" STEPS

FOR THE "YOUNG AT HEART":

On steps 31 - 36, the Jumping Jacks, stomp both feet to the floor when you return. Do it with plenty of vigor!!!

FOR THE "NOT SO YOUNG AT HEART": On the same Jumping Jack steps, stay in place and...

31,32 Touch RIGHT heel at 1:00 and return

33,34 Touch LEFT heel at 11:00 and return

35,36 Touch RIGHT heel at 1:00 and return

Choreographer Contact Information:



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