

# Life Goes On

**TYPE:** 2 Wall Line Dance      **RATING:** Easy Intermediate  
**COUNT:** 32      **STEPS:** 32  
**CHOREOGRAPHED BY:** Gloria Johnson (May 1998)  
**MUSIC:** Land Of The Living" by Pam Tillis (119 bpm)  
**NOTE:** Originally written as Sunflowers, the dance was just "not quite right" for Gloria and her dancers, so it was rewritten and renamed Life Goes On. The first 16 steps and the last 8 of the original dance remain, everything else was changed.

## STEP DESCRIPTION

### TOE-HEEL TOUCHES; IN-IN, HOLD; OUT-OUT, HOLD

1,2 Touch RIGHT toe beside Left in-step; Touch RIGHT heel beside Left in-step  
3,4 Touch RIGHT toe beside Left in-step; Touch RIGHT heel beside Left in-step  
&5,6 Step RIGHT in toward Left; Step LEFT in toward Right; Hold  
&7,8 Step RIGHT out to RIGHT side; Step LEFT out to LEFT side; Hold

### KNEE POPS; TURNING SHUFFLES

9,10 Raise both heels causing knees to bend; Lower heels to floor  
11,12 Raise both heels causing knees to bend; Lower heels to floor  
13&14 Shuffle RIGHT-LEFT-RIGHT turning  $\frac{1}{4}$  right  
15&16 Shuffle LEFT-RIGHT-LEFT turning  $\frac{1}{2}$  right (steps 13-16 equal a  $\frac{3}{4}$  turn)  
(Put some attitude into the "knee-pop" movement by bending and raising arms and pulling them towards to body when heels are lowered or if this is not comfortable, snap fingers on both hands as heels are lowered.)

### KICK, KICK, STOMP, STOMP; TURNING SHUFFLES

17,18 Kick RIGHT forward twice  
19,20 Stomp RIGHT; Stomp LEFT  
21&22 Shuffle RIGHT-LEFT-RIGHT turning  $\frac{1}{4}$  right  
23&24 Shuffle LEFT-RIGHT-LEFT turning  $\frac{1}{2}$  right (steps 21-24 equal a  $\frac{3}{4}$  turn)

### KICK, KICK, STOMP, STOMP; RIGHT SCUFFS FORWARD, STOMP

25,26 Kick RIGHT forward twice  
27,28 Stomp RIGHT; Stomp LEFT  
29,30 Scuff RIGHT forward; Scuff RIGHT back across Left leg (hook)  
31,32 Scuff RIGHT forward; Stomp RIGHT beside Left

### LEFT SCUFF; TURNING SHUFFLE; ROCK STEP

33,34 Scuff LEFT forward; Scuff LEFT back across Right leg (hook)  
35,36 Scuff LEFT forward; Scuff LEFT back beside Right  
37&38 Turning  $\frac{1}{4}$  left, shuffle LEFT-RIGHT-LEFT  
39,40 Rock-step forward on RIGHT; Step back on LEFT

### TURNING SHUFFLE; ROCK STEP; KICK-BALL-STEP; KICK-BALL-STEP

41&42 Turning  $\frac{1}{4}$  right, shuffle RIGHT-LEFT-RIGHT  
43,44 Rock-step forward on LEFT; Step back on RIGHT  
45&46 Kick LEFT forward; Step LEFT slightly left; Step RIGHT slightly left  
47&48 Kick LEFT forward; Step LEFT slightly LEFT; Step RIGHT slightly left  
(Dancers should travel slightly left in steps 45-48)

### SIDE TOUCHES; CROSS-STEPS; ROCK STEP

49,50 Touch LEFT toe to left side; Cross-step LEFT over Right  
51,52 Touch RIGHT toe to right side; Cross-step RIGHT behind Left

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53,54 Touch LEFT toe to left side; Cross-step LEFT behind Right

55,56 Rock step back on RIGHT; Step forward onto LEFT

## **BEGIN DANCE AGAIN**

### **Choreographer Contact Information:**



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