

Bottle It Up

TYPE: 4 Wall Line Dance **RATING:** Beginner
COUNT: 32 **STEPS:** 32
CHOREOGRAPHED BY: Gloria Johnson (December 2014)
MUSIC: "Bottle Your Crazy Up" by Eileen Carey
INTRO: 16 counts--NO TAGS, NO RESTART

STEP DESCRIPTION

SIDE STEPPING RIGHT

1,2 Step RIGHT a small step to right side; Step LEFT together;
3,4 Step RIGHT a small step to right side; Step LEFT together;
5,6 Step RIGHT a small step to right side; Step LEFT together;
7,8 Step RIGHT a small step to right side; Touch LEFT together.

SIDE STEPPING LEFT W. GRADUAL TURN LEFT

1,2 Step LEFT a small step to left side; Step RIGHT together;
3,4 Step LEFT a small step to left side; Step RIGHT together;
5,6 Beginning a gradual 1/4 turn left, step LEFT to left side; Step RIGHT together;
7,8 Completing a gradual 1/4 turn left, step LEFT to left side; Touch RIGHT together.
NOTE: When dancing steps 1-16, add attitude by moving shoulders and hips.

SCISSORS STEPS

1,2 Step RIGHT to right side; Slide LEFT to Right;
3,4 Cross-step RIGHT over Left; Hold;
5,6 Step LEFT to left side; Slide RIGHT to Left;
7,8 Cross-step LEFT over Right; Hold.

CHARLESTON (aka: MONTANA KICK)

1,2 Step RIGHT forward; Kick LEFT forward;
3,4 Step LEFT back; Touch RIGHT toe back;
5,6 Step RIGHT forward; Kick LEFT forward;
7,8 Step LEFT back; Touch RIGHT toe back.

BEGIN DANCE AGAIN

Choreographer Contact Information:



Gloria Johnson
Address: 2403 Lake Tiny Road; Deltona, FL 32738
Phone: Home (386) 218-4228 Cell (386) 479-8212
EMail: gloriaj@cfl.rr.com
Website: <http://www.gloriajohnson.us> OR www.crackerbillys.club

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