



# Blue 4 You

**TYPE:** 4 Wall Line Dance      **RATING:** Intermediate  
**COUNT:** 32      **STEPS:** 32  
**CHOREOGRAPHED BY:** Gloria Johnson  
**MUSIC:** "Lonely & Blue" by Ronnie Beard Free mp3 download at [www.country-time.com/mp3s/](http://www.country-time.com/mp3s/)  
**NOTE:** Gloria was one of the invited instructors for the 1st Annual Cheyenne Saloon Line Dance Weekend of workshops in June of 1998 in Orlando, Florida. Ronnie Beard made a personal appearance during the weekend and asked Gloria to listen to his new album with the idea of writing dances for two of the songs. This dance and the one called Body Language are the result.

## STEP DESCRIPTION

### HEEL GRINDS, JAZZ BOX W 1/2 TURN

1 Cross-touch RIGHT heel over Left with toe pointed left;  
2& Grind heel so that RIGHT toe moves from left to right; Step LEFT slightly to left of Right  
3 Cross-touch RIGHT heel over Left with toe pointed left;  
4& Grind heel so that RIGHT toe moves from left to right; Step LEFT slightly to left of Right  
5,6 Cross-step RIGHT over Left; Step LEFT back  
7,8 Turning 1/2 right on ball of Left... step on RIGHT; Step LEFT beside Right

### HEEL GRINDS, JAZZ BOX W 1/4 TURN

9 Cross-touch RIGHT heel over Left with toe pointed left;  
10& Grind heel so that RIGHT toe moves from left to right; Step LEFT slightly to left of Right  
11 Cross-touch RIGHT heel over Left with toe pointed left;  
12& Grind heel so that RIGHT toe moves from left to right; Step LEFT slightly to left of Right  
13,14 Cross-step RIGHT over Left; Step LEFT back  
15,16 Turning 1/4 right on ball of Left... step on RIGHT; Step LEFT beside Right

### SHUFFLE, 1/2 TURN, SHUFFLE BACK, 1/2 TURN, SHUFFLE, KICK-BALL-TOUCH

17& Step RIGHT forward; Step LEFT together;  
18& Step RIGHT forward; Turn 1/2 turn right on ball of Left  
19& Step LEFT back; Step RIGHT together  
20& Step LEFT back; Turn 1/2 turn left on ball of Left  
21&22 Step RIGHT forward; Step LEFT together; Step RIGHT forward  
23&24 Kick LEFT forward; Step on ball of Left; Touch RIGHT to right side

### SYNCOPATED TOE/HEEL TOUCHES

25,26 Touch RIGHT heel forward; Hold  
&27,28 Step on RIGHT; Touch LEFT heel forward; Hold  
&29,30 Step on LEFT; Touch RIGHT toe to right side; Hold  
&31,32 Step on RIGHT; Touch LEFT toe to left side; Step LEFT beside Right

## BEGIN DANCE AGAIN

### Choreographer Contact Information:



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ADDED TO THE ARCHIVES: 18 JUN 1998

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