

Volunteer Stomp

Step Sheet Approved:



TYPE OF DANCE:	4 Wall Line Dance	DIFFICULTY:	Intermediate
COUNT:	52	STEPS:	56
CHOREOGRAPHER:	Gloria Johnson & Dusty Miller (October 1995) Phone: (386)532-5009 2425 Center Rd., Deltona FL 32738 Email: gloriaj@country-time.com Homepage: http://www.gloriajohnson.us		
ORIGINATED AT:	The Rockin Ranch - Ormond Beach, Florida		
SOURCE:	Giant Records – Nashville, TN		
MUSIC:	132 BPM "Steady As She Goes" - Mark Collie 155 BPM "Tennessee Plates" - Mark Collie		
NOTE:	Start this dance when vocal starts, 16 beats after drummer kicks in		

TOUCH, HOOK, TOUCH, STOMP, HEEL SWIVELS, STOMP, STOMP

- 1,2 Touch RIGHT heel forward; Hook RIGHT foot in front of LEFT leg
- 3,4 Touch RIGHT heel forward; Stomp RIGHT foot next to LEFT
- 5,6 Swivel heels to RIGHT, center
- 7,8 Stomp RIGHT foot next to Left twice

TOUCH, HOOK, TOUCH, STOMP, HEEL SWIVELS, STOMP, STOMP

- 9,10 Touch LEFT heel forward; Hook LEFT foot in front of Right leg
- 11,12 Touch LEFT heel forward; Stomp LEFT foot next to RIGHT
- 13,14 Swivel heels to LEFT, return to center
- 15,16 Stomp LEFT foot next to Right twice

SHUFFLE, SHUFFLE, MILITARY TURN (REPEAT)

- 17&18 Shuffle forward on RIGHT, LEFT, RIGHT
- 19&20 Shuffle forward on LEFT, RIGHT, LEFT
- 21,22 Step RIGHT foot out in front; Turn 1/2 turn to the left

23-28 REPEAT STEPS 17 - 22

STEP, ¼ TURN, JUMPING JACKS

- 29,30 Step Right foot out in front; Turn ¼ turn to the left
- 31,32 Jumping jack with RIGHT foot at 1:00 and LEFT foot at 7:00; Return to center
- 33,34 Jumping jack with LEFT foot at 11:00 and RIGHT foot at 5:00; Return to center
- 35,36 Jumping jack with RIGHT foot at 1:00 and LEFT foot at 7:00; Return

TOE POINTS (Lean slightly to left as you point your toes)

- 37,38 Point RIGHT toe out to right; then to back
- 39,40 Point RIGHT toe out to right; then to front
- 41,42 Point RIGHT toe out to right; then to back
- 43 Point RIGHT toe out to right
- 44 Hitch RIGHT knee and turn 1/4 turn to left

GRAPEVINE RIGHT, TOUCH, TURNING VINE, STOMP

- 45,46 Step RIGHT to right; Step LEFT behind Right
- 47,48 Step RIGHT to right; Touch LEFT next to Right
- 49,50 Step LEFT to left angling foot; Step RIGHT in front of Left and turning body to left
- 51,52 Step LEFT placing foot so that body completes full turn and ends facing forward; Stomp RIGHT foot next to Left

BEGIN DANCE AGAIN

OPTIONAL "ACCENT" STEPS

FOR THE "YOUNG AT HEART": On steps 31 - 36, the Jumping Jacks, stomp both feet to the floor when you return. Do it with plenty of vigor!!!

FOR THE "NOT SO YOUNG AT HEART": On the same Jumping Jack steps, stay in place and...

- 31,32 Touch RIGHT heel at 1:00 and return
- 33,34 Touch LEFT heel at 11:00 and return
- 35,36 Touch RIGHT heel at 1:00 and return