

# Triple "B"

Step Sheet Approved:



<b>TYPE OF DANCE:</b>	Contra Line Dance	<b>DIFFICULTY:</b>	Easy Intermediate
<b>COUNT:</b>	36	<b>STEPS:</b>	41
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<b>SOURCE:</b>	MCG/Curb Records - Burbank, California		
<b>MUSIC:</b>	111 BPM "Big Bad Beat" - Smokin' Armadillos		
<b>NOTE:</b>	Done in rows, facing each other, half on one side, half on the other. Dancers should face an empty space on the opposite line, and will pass through the opposite line on the shuffle steps.		

## ROCK STEPS

- 1 Rock forward on RIGHT foot and clap hands at the same time
- 2 Step back on LEFT foot
- 3 Rock back on RIGHT foot and clap hands at the same time
- 4 Step forward on LEFT foot
- 5 Rock forward on RIGHT foot and clap hands at the same time
- 6 Step back on LEFT foot
- 7 Rock back on RIGHT foot and clap hands at the same time
- 8 Step forward on LEFT foot

## GRAPEVINE RIGHT, TOGETHER

- 9,10 Step RIGHT out to side; Cross-step LEFT behind Right
- 11,12 Step RIGHT out to side; Step LEFT next to Right placing weight on Left foot

## ROCK STEPS

- 13 Rock forward on RIGHT foot and clap hands at the same time
- 14 Step back on LEFT foot
- 15 Rock back on RIGHT foot and clap hands at the same time
- 16 Step forward on LEFT foot
- 17 Rock forward on RIGHT foot and clap hands at the same time
- 18 Step back on LEFT foot
- 19 Rock back on RIGHT foot and clap hands at the same time
- 20 Step forward on LEFT foot

## KICK-BALL-CHANGES (2X), STEP, ¼ TURN

- 21&22 Kick-Ball-Change starting on RIGHT foot
- 23&24 Kick- Ball-Change starting on RIGHT foot
- 25 Step forward on RIGHT foot
- 26 Turn ¼ turn to left (*weight on Right foot*)

## KICK-BALL-CHANGES (2X), STEP, ¼ TURN

- 27&28 Kick-Ball-Change starting on LEFT foot
- 29&30 Kick- Ball-Change starting on LEFT foot
- 31 Step forward on LEFT foot
- 32 Turn 1/4 turn to the right (*weight on Right foot*)

## SHUFFLE FORWARD, ½ TURN

- 33&34 Shuffle forward on LEFT, RIGHT, LEFT
- 35 Step forward on RIGHT foot
- 36 Turn 1/2 turn to the left (*weight on Left foot*)

## BEGIN DANCE AGAIN