


She Cat

Step Sheet Approved:

 *Gloria Johnson*

TYPE OF DANCE:	4 Wall Line Dance	DIFFICULTY:	Intermediate
COUNT:	52	STEPS:	60
CHOREOGRAPHER:	Gloria Johnson (April 1996) Tel: (386)532-5009 Country Time Dance Lines 2425 Center Road Deltona, FL 32738 Email: gloriaj@country-time.com Homepage: http://www.gloriajohnson.us		
ORIGINATED AT:	Chap's Steakhouse & Saloon – Edgewater, FL		
MUSIC:	136 BPM "Mama Don't Get Dressed Up For Nothing" - Brooks & Dunn		
NOTE:	Gloria wrote this dance at the request of Jay Krenson from Arista Records after introducing her dance "Cha Cha Maria" at a breakfast with Brooks & Dunn in Nashville for the introduction of their <i>Borderline</i> album in April of 1996.		

DIAGONAL STEP N BUMP

- 1,2 Step RIGHT forward at 45° angle right; Bump hips forward and to the right
- 3,4 Step LEFT forward at 45° angle left; Bump hips forward and to the left
- 5-8 REPEAT Steps 1 - 4

WALK BACK, KICK, WALK FORWARD, SPIN, KICK

- 9-11 Walk back on RIGHT, LEFT, RIGHT
- 12 Kick LEFT foot forward
- 13-15 Walk forward on LEFT, RIGHT, LEFT
- 16 Spin 1/2 turn to the left on ball of Left foot and kick RIGHT foot forward

WALK BACK

- 17-19 Walk back on RIGHT, LEFT, RIGHT
- 20 Touch LEFT next to Right

SHUFFLE N CIRCLE 3/4 TURN TO THE LEFT

- 21&22 Shuffle LEFT, RIGHT, LEFT traveling in a 1/4 turn to the left
- 23&24 Shuffle RIGHT, LEFT, RIGHT traveling in a 1/4 turn to the left
- 25&26 Shuffle LEFT, RIGHT, LEFT traveling in a 1/4 turn to the left
- 27&28 Shuffle in place on RIGHT, LEFT, RIGHT

KICK-BALL-CHANGE, KICK-BALL-CHANGE, ROLLING VINE Left

- 29&30 Kick-Ball-Change starting on the LEFT foot
- 31&32 Kick-Ball-Change starting on the LEFT foot
- 33 Step LEFT to left beginning CCW turn to the left
- 34 Swing RIGHT around and continue CCW turn
- 35 Swing LEFT around and step down finishing full 360° turn left
- 36 Touch RIGHT foot next to Left

KICK-BALL-CHANGE, KICK-BALL-CHANGE, ROLLING VINE RIGHT

- 37&38 Kick-Ball-Change starting on RIGHT foot
- 39&40 Kick-Ball-Change starting on RIGHT foot
- 41 Step RIGHT foot to right beginning CW turn to the right
- 42 Swing LEFT foot around and continue CW turn
- 43 Swing RIGHT foot around and step down finishing full 360° turn right
- 44 Touch LEFT foot next to Right

SWIVEL HEELS

- 45,46 Swivel heels to the left; Hold one beat
- 47,48 Swivel heels to the right; Hold one beat
- 49-52 Swivel heels to the left, right, left, right

BEGIN DANCE AGAIN