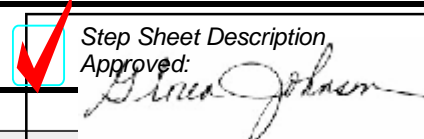


Movin' It



TYPE OF DANCE:	4 Wall Line Dance	DIFFICULTY:	Intermediate
COUNT:	48	STEPS:	52
CHOREOGRAPHER:	Gloria Johnson (October 1996) Tel: (386)532-5009 Country Time Dance Lines 2425 Center Road Deltona, FL 32738 Email: gloriaj@country-time.com Homepage: http://www.gloriajohnson.us		
ORIGINATED AT:	JR's Country Club – Deland, FL		
MUSIC:	166 BPM "Move It On Over" - Hank Williams, Jr. with Hank Williams, and Hank Williams III from the MCG/Curb Records album Three Hanks		
NOTE:	This dance was released by MCG/Curb Records to promote the release of Hank Jr.'s single "Move It On Over" in November of 1996		

STEP DESCRIPTION

SHUFFLE SWING STYLE

- 1&2 Shuffle in place on RIGHT, LEFT, RIGHT while swinging body 1/4 to the left
- 3 Rock back on LEFT
- 4 Rock forward on RIGHT (turning body back to LOD)
- 3&4 Shuffle in place on LEFT, RIGHT, LEFT while swinging body 1/4 to the right
- 5 Rock back on RIGHT
- 8 Rock forward on LEFT (turning body back to LOD)

SLOW JAZZ BOX

- 9,10 Cross-step RIGHT over Left; Hold one beat
- 11,12 Step back on LEFT; Hold one beat
- 13,14 Step RIGHT to right side; Hold one beat
- 15,16 Step LEFT next to Right; Hold one beat

SWIVEL & HOLD to Right

- 17,18 Swivel heels to right; Hold one beat
- 19,20 Swivel toes to right; Hold one beat

SWIVEL BACK With 1/4 Turn

- 21,22 Swivel Toes to left; Swivel heels to left
- 23 Swivel toes to left
- 24 Swivel heels to left ending facing 1/4 turn to the right. *You should be standing with weight on heel of Left with Right on floor slightly ahead of Left*

SHUFFLE SWING STYLE

- 25&26 Shuffle in place on RIGHT, LEFT, RIGHT while swinging body 1/4 to the left
- 27 Rock back on LEFT
- 28 Rock forward on RIGHT (turning body back to LOD)

- 29&30 Shuffle in place on LEFT, RIGHT, LEFT while swinging body 1/4 to the right
- 31 Rock back on RIGHT
- 32 Rock forward on LEFT (turning body back to LOD)

REVERSE VINE WITH HOLDS

- 33,34 Step RIGHT across Left; Hold one beat
- 35,36 Step LEFT out to left side; Hold one beat
- 37,38 Step RIGHT across Left; Hold one beat
- 39,40 Step LEFT out to left side; Hold one beat

LOCK STEP BACK

- 41 Step RIGHT back to 5:00 o'clock
- 42 Slide LEFT to right side of Right (Lock-step)
- 43 Step RIGHT back to 5:00 o'clock
- 44 Slide LEFT to right side of RIGHT (Lock-step)
- 45 Step RIGHT back to 5:00 o'clock
- 46 Slide LEFT to right side of Right (Lock-step)
- 47 Stomp RIGHT in place to right of Left foot
- 48 Stomp LEFT in place

BEGIN DANCE AGAIN

NOTES:

- (1) This is a fairly high energy dance, but not as difficult as it would seem. The speed of the music (at 166 beats per minute) is what makes it more difficult.
- (2) On Step 47, your Left foot is locked over your Right, weight should be on the Left foot... simply swing Right foot behind Left and stomp in its' normal spot to the right of the Left foot... Easy enough!