

Moon Strut (aka Country Rap or C-Rap)

Step Sheet Description
Approved:



Gloria Johnson

TYPE OF DANCE:	4 Wall Line Dance	DIFFICULTY:	Advanced Intermediate
COUNT:	Phrased	SEQUENCE:	AABAAA... end of dance
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ORIGINATED AT:	Chap's Steakhouse & Saloon – Edgewater, FL		
MUSIC:	136 BPM "Hillbilly Rap" - Neal McCoy (The "live" version)		

STEP DESCRIPTION

SECTION "A"

POINT & HITCH (3X), CROSS SHUFFLE

- 1 Touch RIGHT toe to right side
- 2 Hitch RIGHT knee across and in front of Left leg
- 3,4 **REPEAT STEPS 1 - 2**
- 5,6 **REPEAT STEPS 1 - 2 AGAIN**
- 7&8 Cross step RIGHT over Left and shuffle to left side (*Keep steps small and legs crossed*)
- 9 Touch LEFT toe to left side
- 10 Hitch LEFT knee across and in front of Right leg
- 11,12 **REPEAT STEPS 9 - 10**
- 13,14 **REPEAT STEPS 9 - 10 AGAIN**
- 15&16 Cross step LEFT over Right and shuffle to right side (*Keep steps small and legs crossed*)

KICK-BALL-CHANGE

- 17&18 Kick-Ball-Change starting with RIGHT
19&20 Kick-Ball-Change starting with RIGHT

MOON STRUTS Forward (*Michael Jackson goes country...*)

- 21, 22 Touch RIGHT toe forward; Hold one beat
- 23 ,24 Lower RIGHT heel and raise LEFT heel while sliding LEFT slightly forward all at the same time; Hold one beat
- 25 Lower LEFT heel and raise RIGHT heel while sliding RIGHT slightly forward all at the same time
- 26 Lower RIGHT heel and raise LEFT heel while sliding LEFT slightly forward all at the same time
- 27,28 **REPEAT** Steps 25 - 26

KICK-BALL-CHANGE

- 29&30 Kick-Ball-Change starting on LEFT
31&32 Kick-Ball-Change starting on LEFT

MOON STRUTS Backward (*Michael Jackson goes country...*)

- 33,34 Touch LEFT toe to back; Hold one beat
- 35,36 Lower LEFT heel and raise RIGHT heel while sliding RIGHT slightly backward all at the same time; Hold one beat
- 37 Lower RIGHT heel and raise LEFT heel while sliding LEFT slightly backward at the same time
- 38 Lower LEFT heel and raise RIGHT heel while sliding RIGHT slightly backward all at the same time
- 39,40 **REPEAT** Steps 37 - 38

SWIVEL POINTS

- 41 Step RIGHT in place facing LOD and bend knees
- 42 Turning 1/4 turn to left straighten knees and touch LEFT heel forward
- 43 Step LEFT in place facing LOD and bend knees
- 44 Turning 1/2 turn to right straighten knees and touch RIGHT heel forward
- 45 Step RIGHT in place facing LOD and bend knees
- 46 Turning 1/2 turn to left straighten knees and touch LEFT heel forward
- 47 Step LEFT in place facing LOD and bend knees
- 48 Turning 1/2 turn to right straighten knees and touch RIGHT heel forward

SECTION "B"

DOWN & DIRTY WIGGLES

- 1 Step RIGHT out to right side
- 2-3 Wiggle hips to two beats of music
- 4 Touch LEFT next to right
- 5 Step LEFT out to left side
- 6-7 Wiggle hips for two beats of music
- 8 Touch RIGHT next to Left
- 9-12 **REPEAT** Steps 5 - 8 (to the left...)
- 13 Step RIGHT out to right side
- 14-15 Wiggle hips to two counts of music
- 16 Step LEFT next to Right (*weight shift to Left!*)

BEGIN DANCE AGAIN