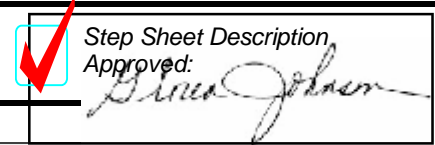


Lonestar Bump



TYPE OF DANCE:	4 Wall Line Dance	DIFFICULTY:	Intermediate
COUNT:	32	STEPS:	38
CHOREOGRAPHER:	Gloria Johnson (1995) Tel: (386)532-5009 Country Time Dance Lines 2425 Center Road Deltona, FL 32738 Email: gloriaj@country-time.com Homepage: http://www.gloriajohnson.us		
SOURCE:	BNA Records, Nashville, Tennessee		
CHOREOGRAPHED To:	"No News" (Dance Mix) by Lonestar (112 bpm)		
NOTE:	This dance was requested by John Rich, bass player for the group Lonestar who was sent to Florida from Nashville to give Dusty Miller and Gloria Johnson the very first copy of the groups debut album. BNA Records field tested the dance and was preparing to film an instructional video with Gloria and Dusty when another dance was released without the label's permission or knowledge by another choreographer in Nashville. Rather than confuse the issue, the label dropped the video plans.		

STEP DESCRIPTION

SHUFFLE, SHUFFLE TURN

- 1&2 Shuffle forward on RIGHT, LEFT, RIGHT
3&4 Shuffle forward on LEFT, RIGHT, LEFT turning
1/2 turn to the right at the same time

SHUFFLE BACK

- 5&6 Shuffle backward on RIGHT, LEFT, RIGHT
7&8 Shuffle backward on LEFT, RIGHT, LEFT

HALF PADDLE TURN, STOMP, STOMP

- 9,10 Touch RIGHT heel in front and turn body to
10:00 o'clock, touching RIGHT toe down to the
floor at the same time
11,12 Touch RIGHT heel in front and turn body to
8:00 o'clock, touching RIGHT toe down to the
floor at the same time
13,14 Touch RIGHT heel in front and turn body to
6:00 o'clock, touching RIGHT toe down to the
floor at the same time
15,16 Stomp RIGHT foot twice and clap hands at the
same time

1/4 BRUSH TURN, STEP, 1/2 BRUSH TURN, STEP

- 17 Brush RIGHT foot forward turning body 1/4 turn
to the right at the same time
18 Step down on RIGHT foot
19 Brush LEFT foot forward and turn 1/2 turn to
the left at the same time
20 Step down on LEFT foot

NO NEWS STRUT (*Wag 1st finger of RIGHT hand in front of you as if you are telling someone "No News!"*)

- 21,22 Step forward on RIGHT toe; Drop RIGHT heel
to the floor
23,24 Step forward on LEFT toe; Drop LEFT heel to
the floor

LONESTAR BUMPS

- & Step RIGHT foot to 2 o'clock
25,26 Bump hips forward twice
27,28 Bump hips to the rear twice
& Step RIGHT foot to 5 o'clock
29,30 Bump hips to the rear twice
31,32 Bump hips forward twice

BEGIN DANCE AGAIN