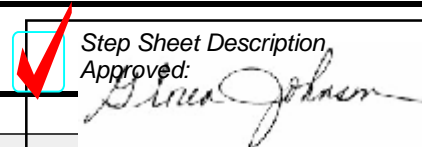


# Hangin' On



<b>TYPE OF DANCE:</b>	4 Wall Line Dance	<b>DIFFICULTY:</b>	Intermediate
<b>COUNT:</b>	56	<b>STEPS:</b>	
<b>CHOREOGRAPHER:</b>	Gloria Johnson (May 1996) Tel: (386)532-5009 with special assistance of Linda James at Chap's Country Time Dance Lines 2425 Center Road Deltona, FL 32738 Email: <a href="mailto:gloriaj@country-time.com">gloriaj@country-time.com</a> Homepage: <a href="http://www.gloriajohnson.us">http://www.gloriajohnson.us</a>		
<b>ORIGINATED AT:</b>	Chap's Steakhouse & Saloon - Edgewater, Florida		
<b>SOURCE:</b>	MCA Records & Starstruck Entertainment		
<b>MUSIC:</b>	125 BPM "You Keep Me Hangin' On" (Classic Paradise Mix) - Reba McEntire		

## STEP DESCRIPTION

### JAZZ BOX, SCUFF LEFT, STEP, SLIDE, STEP, SCUFF

- 1,2 Step RIGHT across left; Step back on LEFT
- 3,4 Step RIGHT to right; Scuff LEFT beside right
- 5,6 Step forward on LEFT; Slide RIGHT next to left
- 7,8 Step forward on LEFT; Scuff RIGHT forward

### JAZZ BOX WITH 1/2 TURN

- 9,10 Step RIGHT across left; Step back on LEFT
- 11 Swing-step RIGHT 1/2 turn to right placing weight on right foot
- 12 Scuff LEFT forward

### MONTEREY SPINS

- 13 Cross-step LEFT over right
- 14 Touch RIGHT toe to right side
- 15 Swing-step RIGHT 1/2 turn to right placing weight on right foot
- 16 Touch LEFT toe to left side
- 17-20 REPEAT steps 13 - 16

**BACK SHUFFLES** (*Roll your shoulders to the left on steps 21 - 22 and 25 - 26, and to the right on 23 - 24 and 27 - 28 as if you were doing a backstroke in the swimming pool - Remember the 60's dance called The Swim?*)

- 21&22 Shuffle back on LEFT, RIGHT, LEFT
- 23&24 Shuffle back on RIGHT, LEFT, RIGHT
- 25&26 Shuffle back on LEFT, RIGHT, LEFT
- 27&28 Shuffle back on RIGHT, LEFT, RIGHT

### STEP, SLIDE, STEP, SLIDE

- 29,30 Step forward on LEFT; Slide RIGHT next to left
- 31,32 Step forward on LEFT; Slide RIGHT next to left

### LONG STEP LEFT

- 33 Hop-step onto LEFT to left side with a long step (3 feet plus) and extend right arm out to right at the same time

- 34-36 Slide RIGHT next to left using three beats of music sweeping Right arm down and across in front of body

### LONG STEP RIGHT AND ARM SWEEP

- 37 Hop-step onto RIGHT to right side with a long step (3 feet plus) and extend Left arm out to the left at the same time
- 38-40 Slide LEFT next to Right using three beats of music sweeping Left arm down and across in front of body

### LEFT HEEL TAP AND ARM SWEEP

- 41 Place LEFT foot slightly ahead of Right at 11:00 o'clock (*keep weight on right foot, touch toe of left foot first, then drop heel*) and extend left arm straight out in front with palm facing front and fingers upraised (*pointed up*)
- 42 - 44 Tap LEFT heel three more times as you sweep Left arm across and to the left (*turn head to the left as you sweep the arm left*)

### RIGHT HEEL TAP AND ARM SWEEP

- 45 Switch feet, placing RIGHT foot slightly ahead of Left at 11:00 o'clock (*weight now on left foot, touch toe of right foot first, then drop heel*) and extend right arm straight out in front with palm facing front and fingers upraised
- 46-48 Tap RIGHT heel three more times as you sweep Right arm across and to the right (*turn head to the right as you sweep the arm right*)

### BEGIN DANCE AGAIN

**NOTE:** For teaching, try the Retro Rock CD:  
104 BPM "Kiss You All Over" - Exile,  
120 BPM "Sealed With A Kiss" - Bobby Vinton.